

(Breakthrough, December 1983)

1983 FIRST ANNUAL PROFESSIONAL SEMINAR - OVERVIEW

The first annual Professional Seminar was held here at the Institute September 29 to October 3. The purpose of this seminar was to bring people to the Institute from all professions to exchange ideas in interdisciplinary research and to acquaint them with our new facilities. The seminar was a tremendous success judging by everyone's interest, enthusiasm and the quality of research papers presented.

In Bob Monroe's opening remarks to the seminar he emphasized that the purpose of the Professional Seminar was for us to learn from the members, not just the members from us. He said there are so many types of events taking place among the professional members about which we know very little and the seminar is a forward step to find out what is happening first hand. Bob mentioned that we need information from all members in order to become a Center of Interchange so that we can pass the information of experiences out to other members. This accumulation of data is certain to have value for someone somewhere.

Bob stated that the direction the Institute will take is to continue different types of research formats in our facility. We want to explore other Hemi-Sync® frequencies that will serve certain functions in human consciousness. We would then take these frequencies once reduced to census form and put this into application with the professional members to be tried. We want eventually to move into a broader scope by taking any one of our taped exercises and converting them into hardware form which can be variable according to the individual for maximum effectiveness. The frequencies we use now are for the average person and are not always 100% effective. For example: To make a custom sleep machine for an individual, we would evaluate his EEG pattern and then adjust the binaural beat frequencies in the hardware for optimum effectiveness with that individual. We hope to move into the use of prototype hardware in 1984.

Bob ended by saying that he would like to hear from all professional members. What you have been doing, what you would like to see us do, and what you would like to see developed here at the Institute and in other research settings. He emphasized at this point that we need more research papers from our professional members using control groups and statistical analysis that can be published in professional journals.

Hemi-Sync® is a registered trademark of Interstate Industries, Inc.

© 1983 The Monroe Institute